

## Multi Factor (or 2 Factor) Authentication

Passwords are not enough these days to secure your accounts. Multi factor, or 2 factor, authentication (MFA or 2FA) is an extra layer of security for your accounts. One item to look at when choosing one of the multi factor authentication apps is whether the app will back up the account information (encrypted) in case you no longer have the phone where you installed the app. Also, authenticator apps provide more security than getting your authenticator code through a text message.

Google and Microsoft Authenticators are probably the most well-known authentication apps and there are other options. The PCMag article "The Best Authenticator Apps for 2023" by Michael Muchmore updated December 1, 2023, has reviewed a handful of authenticator apps. Read the article to learn more about authenticator apps and determine which one is best suited for your needs.

